

## Bubbles & beer

Your fizzy wake-up call.

	GLASS (125ml)	BOTTLE (750ml)
<b>Bucks Fizz</b>	<b>5.90</b>	
<b>Terras do Demo</b>	<b>5.90</b>	<b>25.00</b>
Wine that's sparkling with small bubbles and a zesty tang.		
<b>Sagres Lager</b>	<b>2.45</b>	<b>4.90</b>

## Soft drinks

**Go bottomless** - Refill as often as you want!

	<b>2.70</b>
 ** Sugar levy pricing applies from April	<b>2.90</b>

### Juices

<b>Mango Quencher, Pressed Apple Juice, Orange Juice</b>	(295ml)	<b>2.80</b>
<b>Cloudy Lemonade**</b>	(295ml)	<b>2.90</b>
<i>Sugar levy pricing applies from April</i>		
<b>RUBRO</b> (330ml)		<b>2.80</b>
Still thirst quencher with organic Rooibos in Lemon, Peach or Berry flavours.		
<b>Mineral Water</b> (500ml) still or sparkling.		<b>2.40</b>
<b>Organic Milk</b> (295ml)		<b>1.00</b>

\*\*From April the government's sugar levy will begin, so there will be a premium on Coca-Cola Classic and Cloudy Lemonade. Diet Coke, Coca-Cola Zero Sugar and Sprite Zero aren't affected by the levy, and Fanta has a new recipe which means it is also excluded.

Please be aware that as we sell nuts, there may be traces of nuts in all our products. Prices are listed in Pounds Sterling and include VAT at the current rate. Service not included. We take great care to remove the bones and cartilage from our boneless items and the stones from our olives but there is a tiny chance of finding one. Halal chicken may be served in any of our Nando's restaurants.

\*Although Nando's restaurants aren't vegetarian, our kitchens aim to keep non-meat products separate from meat products. We can't, however, guarantee this.



## Coffee & hot drinks



All our coffees are Fairtrade certified. Growers get a good price, money is invested where it matters and you get a brilliant cup of coffee – fair enough.

<b>Cappuccino</b>	<b>2.50</b>
<b>Galão</b>	<b>2.50</b>
Portuguese for latté.	
<b>Espresso</b>	<b>2.20</b>
<b>Double Espresso</b>	<b>2.50</b>
<b>Americano</b>	<b>2.50</b>
<b>Organic Everyday Tea</b>	<b>2.20</b>
A really great Fairtrade cuppa.	
<b>Tea Infusions</b>	<b>2.20</b>
Silken pouches of fruit, herbs, spices and whole tea leaves.	
<b>Green Tea Tropical / Chamomile Citrus</b>	
<b>Organic Mint / African Nectar</b>	
<b>Hot Chocolate</b>	<b>2.50</b>
Soothing relief for chocoholics.	



Mystery solved:

**Egg  
came  
first**

▼ **Breakfast menu**  
Available until 11am

# The usual suspects

<b>Freshly Baked Pastries</b> <span>V</span>	each <b>2.50</b>
Straight from our ovens, every day. Choose from an <b>all-butter croissant</b> with honey or jam, <b>pain aux raisins</b> or a <b>chocolate twist</b> .	
<b>Granola &amp; Fruit</b> <span>V</span>	<b>4.70</b>
Your pick of honey, strawberry or peach jam, layered with greek yogurt and topped with crunchy granola and fresh berries. (Contains nuts.)	
<b>Naughty Nata</b> <span>V</span>	<b>1.95</b>
Traditional Portuguese custard tart.	
<b>Toast</b> <span>V</span>	<b>2.50</b>
2 slices of toasted white or malted brown bloomer, spread with whatever tickles your fancy.	

# Breakfast rolls

Start your day on a roll!  
Choose your heat from the PERi-ometer.

<b>Sausage Breakfast Roll</b> <span>V</span>	<b>4.80</b>
Flame-grilled chicken sausage in a Portuguese roll.	
<b>Sausage and Fried Egg Roll</b> <span>V</span>	<b>5.80</b>
Flame-grilled chicken sausage and fried egg.	
<b>Veggie Breakfast Roll</b> <span>V</span>	<b>4.80</b>
Grilled halloumi cheese and tomato with avocado.	
Add corny browns/toast	<b>2.50</b>

# The Nando's breakfast

<b>A flying start to your day!</b>	<b>9.45</b>
Flame-grilled chicken sausage, scrambled, fried or poached eggs, portobello mushroom, saucy fiery beans, grilled tomato and crispy corny browns.	
Add...	
Toast	<b>2.50</b>
Sagres Lager	<b>1/2 PINT 2.45 PINT 4.90</b>

# Eggs-tras

Add...

<b>Flame Grilled Chicken Sausage</b>	<b>2.00</b>
Choose your heat from the PERi-ometer.	
<b>Portobello Mushroom, ½ Avocado, Grilled Halloumi Cheese</b> <span>V</span>	<b>1.25</b>
<b>Chips/PERi-Salted Chips</b> <span>V</span>	REG <b>2.50</b> LARGE <b>4.65</b>
<b>Corny Browns</b> <span>V</span>	<b>2.50</b>
Crisp golden sweetcorn fritters with onion, red peppers and red chilli, served with a dollop of chilli jam.	

# How spicy?

- Extra HOT**  
Like tackling a ferociously fiery dragon.  
.....
- HOT**  
Highly combustible - proceed with caution.  
.....
- Medium**  
Hits the spot without scalding your tonsils.  
.....
- Lemon & Herb** or **Mango & Lime**  
A mere hint of heat but a tidal wave of flavour.  
.....
- Plain...ish**  
Marinated in PERi-PERi but grilled with no added spice. As mild as we go.



# Hot & sweet

Goes down a treat!

<b>Spiced Maple Pancakes</b> <span>V</span>	<b>6.95</b>
A trio of buttermilk pancakes smothered in sumptuous spiced maple syrup, served with banana and blueberries.	
<b>Spiced Maple French Toast</b> <span>V</span>	<b>6.95</b>
Packs a cinnamon punch! White or malted brown french toast drizzled with spiced maple syrup, served with banana, blueberries and orange wedges.	
<b>Hearty Porridge</b> <span>V</span>	<b>2.95</b>
Warming oats with brown sugar on the side.	
Add honey or jam	<b>0.50</b>
Add honey or jam, fresh berries and pumpkin seeds	<b>1.00</b>

# Eggs

Cracking poached, scrambled, fried (or just gobbled).

<b>Nando's Benedict</b> <span>V</span>	<b>8.95</b>
Succulent chicken fillet pieces, two poached eggs and wilted spinach topped with PERi-hollandaise. Served on a Portuguese roll with a sprinkle of PERi-salt and fresh herbs.	
Without chicken <span>V</span>	<b>7.45</b>
<b>Nando's Beans &amp; Eggs on Toast</b> <span>V</span>	<b>6.25</b>
A mix of saucy fiery beans served with spinach and your choice of poached or scrambled eggs, on toasted white or malted brown bloomer.	
<b>Chicken &amp; Fresh Herb Omelette</b>	<b>7.95</b>
Pulled chicken, fresh chives, parsley and sweet crushed tomato with a touch of chilli.	
Add corny browns/toast	<b>2.50</b>
<b>Spinach, Tomato &amp; Cheese Omelette</b> <span>V</span>	<b>7.45</b>
Sweet crushed tomato with a touch of chilli, spinach and melted cheddar cheese.	
Add corny browns/toast	<b>2.50</b>
<b>Eggs on Toast</b> <span>V</span>	<b>5.65</b>
Choose from two poached, two fried or scrambled eggs on white or malted brown toast.	

# PERi-PERi Chicken

What we are famous for - fresh chicken marinated for 24 hours in PERi-PERi and flame-grilled to order. Choose your heat from the PERi-ometer.

<b>¼ Chicken</b>	<b>3.95</b>
<b>½ Chicken</b>	<b>7.45</b>
<b>Grilled Chicken Burger</b> <span>M</span>	<b>6.45</b>
Chicken breast fillet grilled to your favourite spiciness and served in a Portuguese roll, with a bit of fresh salad.	

# Nandino's brekkies

Breakfasts for hatchlings under 10.

<b>Pancakes &amp; Fruit</b> <span>V</span>	each <b>3.95</b>
Two pancakes served with honey, banana and blueberries.	
<b>Egg on Toast</b> <span>V</span>	
Choose from a poached, fried or scrambled egg on white or malted brown toast.	

# Nando's chickens have...

...earned the Red Tractor badge of honour. This means that our fresh (never frozen) birds are British born, and bred to meet strict quality standards.



- 🔴 Chilli Jam
- 🟡 Lightly spiced yogurt mayo
- 🟢 Vegetarian option\*
- 🟠 Mayonnaise

If you have any special dietary requirements, including allergies, please speak to a Manager before you place your order.